



# UK INTERNATIONAL SOCCER CAMPS

## Season Long Coaching Plan

### U12/U14 Age Division Page 1

In the U12 and U14 age divisions the coaches practices should be aimed at game related activities. Emphasizing technique is still absolutely essential as there will be room for improvement in every players technical skillset however, as a coach at this age you have to relate a technique, a skill or a specific move to the game environment. In a game when, where and how do you want the players to be doing the things you are showing them?

Week 1 Session 1 – Advanced Passing 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2099>

Week 1 Session 2 – Advanced Passing 2

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=1464>

Week 2 Session 1 – Creating Shooting Chances 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2163>

Week 2 Session 2 – Creating Shooting Chances 2

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2192>

Week 3 Session 1 – Dribbling and Beating Players 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2059>

Week 3 Session 2 – Dribbling and Beating Players 2

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2273>

Week 4 Session 1 – Defending as a Team 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2286>

Week 4 Session 2 – Defending as a Team 2

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=1396>

**UK International Soccer Camps Inc.**

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### Season Long Coaching Plan U12/U14 Age Division Page 2

Week 5 Session 1 – Advanced Shooting 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2189>

Week 5 Session 2 – Advanced Shooting 2

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2186>

Week 6 Session 1 – Possession Play 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2097>

Week 6 Session 2 – Possession Play 2

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2093>

Week 7 Session 1 – Controlling Surfaces 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2188>

Week 7 Session 2 – Controlling Surfaces 2

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=1976>

Week 8 Session 1 – Advanced Dribbling 1

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2280>

Week 8 Session 2 – Advanced Passing 3

<http://76.89.105.17/CurriculumSession/browserecord.php?-action=browse&-recid=2112>

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